



Document Name:	Breastfeeding Policy
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1.0 Purpose

Because breastfeeding has been shown to be the superior form of infant nutrition, providing a multitude of health benefits to both infants and mothers, and because breastfeeding employees need ongoing support in the worksite to be able to provide their milk for their babies,

2.0 Definition

3.0 Policy Content

Wasatch Waldorf Charter School subscribes to the following policy:

- 1. Employees shall be provided a place to breastfeed or express milk.**
The school will provide a private and sanitary place for breastfeeding employees to express their milk during work hours. This room will have an electrical outlet and chair. Employees may use the privacy of their class or office area for breastfeeding or milk expression, if they prefer.
- 2. A refrigerator will be made available for safe storage of expressed breastmilk.**
Employees may use their own cooler packs to store expressed breastmilk, or may store milk in a school refrigerator. Employees should provide their own containers, clearly labeled with name and date. Those using the refrigerator are responsible for keeping it clean.
- 3. Employees shall be provided breaks to accommodate breastfeeding or milk expression.**
A breastfeeding employee shall be provided a schedule for breastfeeding or pumping to provide breastmilk for her child. The time may exceed normal time allowed for lunch and breaks but



such additional break time will be unpaid. Teachers shall make arrangements for adequate classroom coverage during breaks.

4. **Staff are expected to provide support for breastfeeding employees.**
Realizing the importance of breastfeeding to the infant, the mother, and the school, staff should provide an atmosphere of loving support for breastfeeding employees.
5. **Employee orientation will include information about the school breastfeeding policy.**
The school's breastfeeding policy will be communicated to current staff. New employees will be informed about the school policy in the new employee orientation training.

4.0 Relevant Procedures, Guidelines & Restrictions

5.0 Exhibits / Appendices / Forms