



Summer Program 2017

The Wasatch Family Foundation is pleased to provide several exciting summer activities for Wasatch Charter School students of every age and interest. Class availability is based on a minimum number of students signing up. Once that minimum is met, there is a maximum cap on the number of students accommodated, so we encourage parents to enroll your children early.

Parents are responsible for providing water and a snack or lunch as noted in the description, dressing their child in appropriate clothing for the activity, and picking up their child promptly at the end of class. The grades listed in the description is the grade your child will be in the 2017/2018 school year. To register, complete the following online form...

[Summer 2017 Registration Form](#)

*Summer Program class information and details may be subject to change.

What: Balance through Body and Breath

When: The week of June 19 (Monday through Friday)

Time: 1:00 p.m. - 3:00 p.m. (2 hours)

Grades: 5th - 8th

Participation Fee: \$150 (minimum of 4 and maximum of 10 participants)

Location: TBD

Wasatch Charter School parent and yoga expert *Alicia Gunter* is back by popular demand! She will be teaching yoga for teens/tweens to specifically learn and focus on breathing techniques, and work towards balance poses (arm and standing), along with partner poses and games.

What to bring: Yoga mat, snack, water, and wear clothes you can move in.

What: Kids Yoga

When: The weeks of June 19, June 26, July 10, July 17, July 24, and July 31 (Monday through Friday)

Time: 9:00 a.m. - 12:00 p.m. (3 hours)

Grades: 1st - 5th

Participation Fee: \$225 for each week (minimum of 3 and maximum of 10 participants per week)

Location: TBD

Wasatch Charter School parent and yoga expert *Alicia Gunter* is also teaching other classes. Each week will follow the theme as listed below. Each class will integrate the theme through breathing, yoga, story, and other activities through movement, creativity, games, reading, and calm.

June 19 - Yoga through the 5 senses

July 17 - Yoga through science

June 26 - Yoga in nature/camping

July 24 - Playful yoga (obstacles courses, games)

July 10 - Yoga through art

July 31 - Yoga through music

What to bring: Yoga mat, snack, water, and wear clothes you can move in.